

# My Choices

## Are you ready for your next steps after results day?

You are invited to be a part of My Choices on Monday 3<sup>rd</sup> August.

My Choices is a national event aimed at 16-18 year olds to support students like you in feeling more confident and prepared on results day. The event will take place with plenty of time for you to consider all your options and feel ready on the day.

**Please hold this date and there will be more details to follow.**

[Find out more>](#)

## Agenda

- Being Prepared
- Decision Making & Planning
- Pathways
- Finding Support
- Positive Wellbeing
- Adding Value

## My Choices | Monday 3<sup>rd</sup> August, 2020

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# Transition Framework

## Being Prepared

Handling applications and selection

Young people will know how to prepare for, perform well and learn from participation in selection processes

## Decision making and Planning

Investigating jobs and labour market information (LMI)

Young People will be able to draw conclusions from researching and evaluating relevant labour market information (LMI) to support their future plans

## Finding Support

Making the most of careers information, advice and guidance

Young People will develop and make the most of their personal networks of support and show that they are a proactive and discerning user of impartial face-to-face and digital careers information, advice and guidance services

## Pathways

Identifying choices and opportunities

Young people will be able to research and evaluate progression pathways and return on investment for the higher and further education, training, apprenticeship, employment and volunteering options open to them

## Positive wellbeing

Self determination

Young People will reflect on the positive elements in their career story to show the responsibility they are taking for managing their own wellbeing, progress and achievements

## Adding Value

Preparing for employability

Young People will be able to explain how they are developing or have developed employability qualities and skills to satisfy their own expectations and the future expectations of employers and co-workers