Meadowhead School





Spelling challenge

- Learn these tricky spellings using Look/Cover/Write/Check.
- Create a Tricky Spellings poster using pictures or colours so you can display the words to help you learn them.
- Ask someone to test you on the spellings; write them down or spell them out loud.
- Hold a family competition to see who is your spelling champion! Make it fun by having rewards if you get them right and forfeits if you don't!

- 1. Accommodation
- 2. Believe
- 3. Conscience
- 4. Definitely
- 5. Guarantee
- 6. Height
- 7. Knowledge
- 8. Recommend
- 9. Success
- 10. Weird
- 11. Environment



Take on our fitness challenges

- How many press ups can you do in 1 minute? Can you challenge someone in your house to compete against? Can someone else be the judge to ensure you are doing the correct technique?
- How many star jumps can you do in a minute?
- Can you design a circuit in your lounge or bedroom?
- You can do tricep dips using the sofa, you could do side jumps over a book. Design your circuit first and try and think of 6 different stations-Make sure you have enough room to take part and it is safe to do so!



Can you make 24?

- Use all four numbers, but use each number only once.
- You can add, subtract, multiply and divide
- Note answers from last week at the bottom

