## Ordering for Meadowhead New Starters

You will need a dressmaker's tape measure or use string and then measure against a DIY tape measure or ruler.

Where do I need to measure?

Chest measurement needed for correct fit on:
Polo shirt, Sweatshirt, PE T-shirts and Hooded tops/Rugby shirts

- Place tape measure under the arms and measure the chest all the way around the body
- There is no need to add extra on to the measurement as the garments are designed to fit that body size


## Waist measurement needed for help with ordering shorts and track bottoms;

Please note, we can usually get the correct sizing for you based on the size of top ordered.

Girls capri pants are also available in age 9/11 and age 12/13 sizes online but not shown on the order form. It is fine to order these sizes on the order form as they are popular sizes for new starters.


Write down your chest measurement and look at the size charts to help you select the correct sized garment.

Tip:
If your child measures a 33 " to $34^{\prime \prime}$ inch chest, order age 11/12
If your child is measuring $34^{\prime \prime}$ now, and is quite tall for their age, go up to age 13

## Uniform information

| Chest <br> to fit (inches) | $32^{\prime \prime}$ | $34^{\prime \prime}$ | $34-36^{\prime \prime}$ | $36-38$ "' | $39-40 "$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Sweatshirt | $9 / 10$ | $11 / 12$ | 13 | SMALL | MEDIUM |
| and <br> Polo Shirt | Smaller <br> children in <br> year 7 <br> group | Average for <br> year group <br> sizing | Average for <br> year group <br> sizing | Slightly <br> larger or <br> taller than <br> average age <br> group | Larger than <br> average <br> build for <br> age |

## PE Kit information

| Chest to fit (inches) | $32^{\prime \prime}$ <br> Smaller children in the year group |  | 34"Average size <br> for age | 35-37" <br> Slightly taller or larger than average | 38-40" <br> Taller or larger than average age group |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Unisex PE T-shirt - green basic style |  |  | 12/13 | SMALL | MEDIUM |
| Girl-fit PE T-shirt - green basic style | $\begin{gathered} \hline \text { Size8/XS } \\ 30 " \\ \text { chest } \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Size } 10 / \mathrm{S} \\ 32 " \\ \text { chest } \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Size 12/M } \\ 34 " \\ \text { chest } \\ \hline \end{gathered}$ | $\begin{gathered} \hline \text { Size 14/L } \\ 36^{\prime \prime} \\ \text { chest } \end{gathered}$ | $\begin{gathered} \hline \text { Size } 16 / \mathrm{XL} \\ 38^{\prime \prime} \\ \text { chest } \end{gathered}$ |


| Chest to fit <br> (inches) | $30-32 " \prime$ <br> Smaller children in <br> the year group | Average size for age | $38-40 " \prime$ <br> Taller or larger <br> than average <br> age group <br> Rugby Shirt <br> Micro Fleece <br> PE Hoody <br> Unisex PE Polo <br> Girl-fit PE PoloAge 9-11 |
| :--- | :---: | :---: | :---: |


|  | Age 9-11 | Age 12-13 | Adult Small - <br> Medium | Adult Medium - Large |
| :--- | :---: | :---: | :---: | :---: |
| Black shorts in | Waist | Waist | Waist | Waist |
| the kit | $26-28^{\prime \prime}$ | $26-28^{\prime \prime}$ | $30-32^{\prime \prime}$ | $34-36^{\prime \prime}$ |
| Unisex Track | Waist | Waist | Waist | Waist |
| Bottoms | $26 / 28^{\prime \prime}$ | $28 / 30^{\prime \prime}$ | $30 / 32^{\prime \prime}$ | $32 / 34^{\prime \prime} \& 36 / 38^{\prime \prime}$ |


| Girls Track <br> Bottoms and <br> Capri Pants | Age 9/11 | Age 12/13 <br> / Ladies <br> Size 8 | Ladies Size 10 | Ladies size 12 |
| :--- | :--- | :---: | :--- | :--- |

