

Waterproofs, First Aid kit & Headtorch



Hat&Gloves



2 water bottles (1 Litre each)



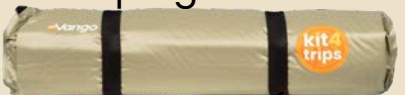
Mess Tin & Cutlery & Mug



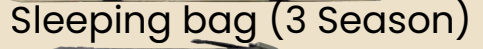
Food & Bin Bags



Clothing & Wash kit & Camp Shoes



Sleeping mat



Sleeping bag (3 Season)



Hiking boots



# Kit List

65 Litre Rucksack	
Sleeping bag	
Sleeping Mat	
Headtorch	
Mess Tin	
Cutlery	
2 x water Bottles	
First Aid Kit	
Washing up Supplies	
Wash kit	
Washing up Supplies	
Rucksack Liner	
5 x Bin Bags	
Compass (Silver & Gold)	

Walking boots	
Socks (1 pair Per Day)	
Leg Wear x 2	
Base Layer x2	
Mid-layer x 2	
2 x Fleece	
Hooded Waterproof	
Waterproof Trousers	
Hat (to suit weather)	
Gloves (If cold)	
Camp Shoes	
Watch	
Suncream (If needed)	

