



MENU









- MEAT FREE MONDAY



- CHEF'S CHOICE



- 1 OF YOUR 5 A DAY

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Stir fried Vegetables with Singapore noodles	Chicken tikka, Tandoori rice	Roast Pork, crispy roast potatoes and gravy	Italian bolognaise pasta bake with garlic bread 	Crispy battered fish with chunky chips
Vegetarian Main Dish	Vegetable Bolognaise Pasta bake	Quorn tikka, Tandoori rice	Roast Quorn Fillet	Quorn Chilli & rice 	Southern style Quorn™ burger with chunky chips
Accompaniments 	Steamed broccoli Carrots Salad bar	Green beans Roasted courgettes Salad bar	Baton Carrots Sautéed leeks Salad bar	Crisp mixed salad Garden peas Salad bar	Mushy peas Corn on the cob Salad bar
Street Food	Love Joes Chicken on flatbread	Love Joes Chicken or Donor Meat on flatbread	Love Joes Chicken on flatbread	Love Joes Chicken or Donor Meat on flatbread	Love Joes Chicken on flatbread
	Pasta King & Sauce Jacket Potato	Pasta King & Sauce Jacket Potato	Pasta King & Sauce Jacket Potato	Pasta King & Sauce Jacket Potato	Pasta King & Sauce Jacket Potato
Dessert	Sticky toffee pudding	Fruit Sponge 	Oaty fruit crunch 	Apple and blackberry pie 	Chocolate and orange cake

TRY OUR STREET FOOD GRAB AND GO
FOR HEALTHY MEALS ON THE GO

