

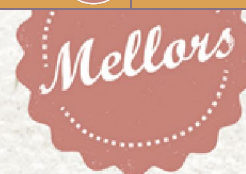
| Week 3               | Monday <small>MEAT FREE</small>                                       | Tuesday  | Wednesday   | Thursday   | Friday  |
|----------------------|---|--|---|--|---|
| Main Dish            | Vegetarian bolognese pasta bake with crusty bread                     | Chicken burger with baked potato wedges            | Roast beef and gravy with creamed potatoes                  | Traditional beef lasagne with crusty bread (H)       | Crispy battered fish served with chunky chips<br>Salmon Fingers |
| Vegetarian Main Dish | Vegetable chilli<br>Pasta Bake<br>crusty Bread <small>5 A DAY</small> | Mac & Cheese with garlic bread                     | Vegetarian toad in the hole with gravy and creamed potatoes | Veggie lasagne with crusty bread <small>Chef</small> | Veggie burger with chunky chips                                 |
| Accompaniments       | Steamed broccoli<br>Salad bar   | Spring greens<br>Seasonal vegetables<br>Salad bar  | Cauliflower cheese<br>Carrots<br>Salad bar                  | Green beans<br>Crisp mixed salad<br>Salad bar        | Baked Beans<br>Curry Sauce                                      |
| Street Food          | Love Joes Chicken<br>On Flatbread                                     | Love Joes Chicken<br>Or Donor Meat<br>On Flatbread | Love Joes Chicken<br>On Flatbread                           | Love Joes Chicken<br>Or Donor Meat<br>On Flatbread   | Love Joes Chicken<br>On Flatbread                               |
|                      | Pasta King & Sauce<br>Jacket Potato                                   | Pasta King & Sauce<br>Jacket Potato                | Pasta King & Sauce<br>Jacket Potato                         | Pasta King & Sauce<br>Jacket Potato                  | Pasta King & Sauce<br>Jacket Potato                             |
| Dessert              | Carrot cake   | Fruit Crunch <small>5 A DAY</small>                | Chocolate sponge <small>5 A DAY</small>                     | Apple flapjack                                       | Chocolate and banana slice                                      |



- 1 OF YOUR 5 A DAY



- MEAT FREE MONDAY



MENU