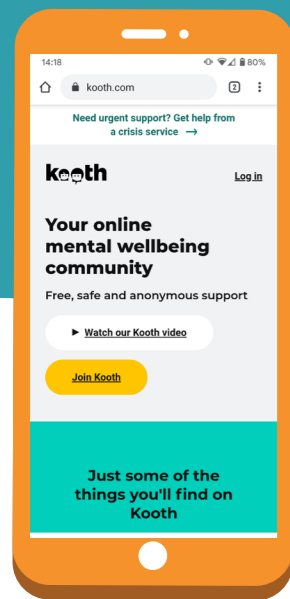
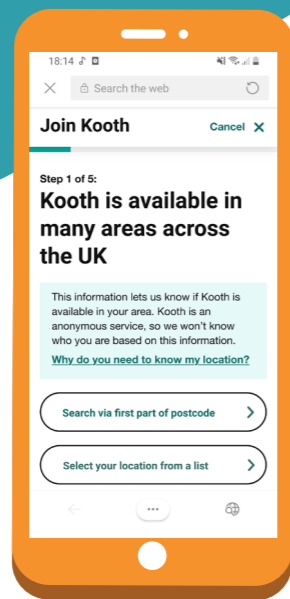




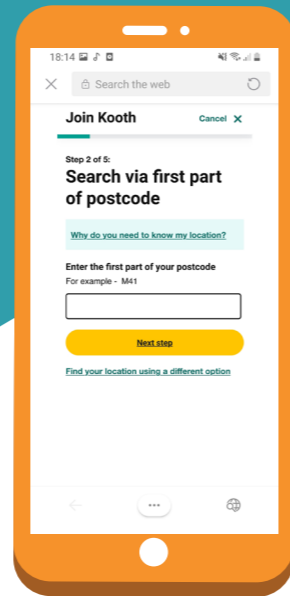
How to sign up to Kooth.



1 Select **Join Kooth** button.

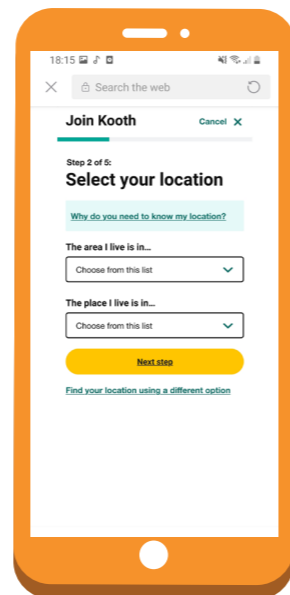


2 Sign up by postcode or select your location from our dropdown list.

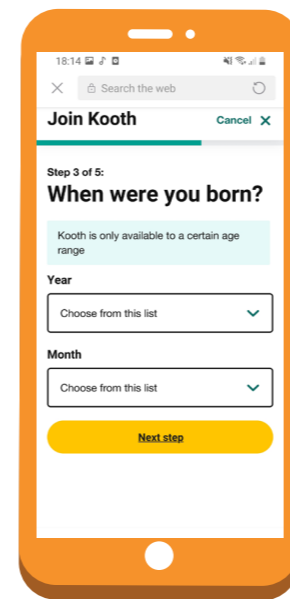


3 Enter the first part of your postcode.

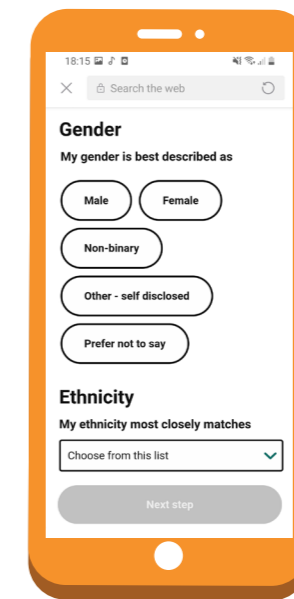
Or



4 Choose your area from the dropdown.



5 Select your month and year of birth.



6 Select your gender and ethnicity.



7 Create an **anonymous (not your real name)** username and secure password.

Kooth is a **free, safe** and **anonymous** mental health and wellbeing platform for children and young people. You can access Kooth via mobile, tablet or desktop by visiting [Kooth.com](https://www.kooth.com).

www.kooth.com