# TUTOR TIME PROGRAMME

2022-23

### **UPCOMING THIS YEAR Y12 & 13:**

Why Higher Education?
Talk from University of Sheffield
Why Employment?
Talk from Meadowhead Alumni

Why Apprenticeships?
Talk from Sheffield City Council
Why Gap year?

**Talk from Volunteering Provider** 

Mock interviews
Enrichment programme
Work Experience
Sexual Health talk from School of Sexuality
LGBT History Month
Drive4life
World of Work Week
Research Skills
Moving out/living independently
Conflict resolution
Finance and budgeting
Drugs and alcohol
Mental Health

# MENTAL HEALTH ADDITIONAL SUPPORT AVAILABLE

Speak to Miss Cookson in the sixth form office Mon/Weds/Friday

**Kooth online counselling** 

**IAPT counselling service** 

Door43

**Roundabout dropins** 

Fruitbowl/SAYiT LGBT+

**Sheffield Futures** 



#### **Vision Activity: Twenty Questions**

It turns out that asking, 'What is your goal?' isn't a very good way of unlocking your vision. The question is abstract and slippery and answering it is often embarrassing and frightening. But there are questions that work. Some questions get an immediate response, 'Ah! I know the answer to that!' where others don't. The following questions have been tested over and over again with students and seem to be ones that are more likely to open up some positive thinking.

We can't promise these questions will work for you; all we know is that they've worked for others. Answer these questions with reference to study and work. Try your best to practise honest and fearless thinking – that means you answer without feeling stupid or embarrassed, and you say what you feel and think. Try to write all your answers down –it really helps.

- If you could only take one subject what would it be, and why?
- What lessons or elements of study do you find easy?
- What do you do with your spare time?
- Describe an interesting lesson you had last year. Why was it interesting?
- What jobs do you avoid doing, and why?
- When does time fly? What are you doing?
- When does time seem to drag or stop? What are you doing?
- What job would you do for free?
- Who do you look up to?
- What would you try if you knew you couldn't fail?
- What puts a smile on your face?
- If you had the afternoon off to work at home, which piece of work would you choose to do?
- When you have a lot of homework, which subject do you do first?
- Describe a homework task you have recently left until the last minute or not done at all.
   Why?
- What do you get obsessed about?
- When you're with your friends, what do you want to talk about?
- What stresses you out?
- If you had an hour off A level work and a laptop, what would you type into a search engine?
- If you were given a small amount of money to start a company, what would it be?
- List five words you associate with 'happiness'.



## **Meadowhead Sixth Form Enrichment Programme**



Use this sheet to plan what activities you would like to complete during Y12 in order to complete the five modules of the enrichment programme. Think carefully about your future plans and try to match choices with your plans if possible.

Name:

# Form Group:

#### Work

At least **five days** of work experience in February of Y12 in a relevant field for your career aspirations. What company or job role would you like to approach for work experience?



#### University, Further Study and Training

At least **two visits** to HE/FE/Apprenticeship/Foundation Year providers. We arrange these visits for you during Y12. You can add two more visits of your choice.



#### **School and Community**

At least **five hours** of voluntary commitment made to the school or wider community. How would you like to contribute to the community? What skills do you have that could benefit others?



#### **Extra-curricular and Personal Development**

At least **ten hours** spent on the development of an interest or hobby beyond the curriculum. What existing or new hobby would you like to focus on during Y12?



#### **Super-curricular and Academic**

At least **five hours** developing an interest from within the curriculum or linked to a topic of future study. What wider reading or research interest would you like to develop in Y12?







#### **Super-curricular activities**

Activities participated in during your own time, over and above your school studies, which relate to the field of study and/or employment you intend to explore (e.g. webinars, wider reading, MOOCs, lectures, podcasts, museum/gallery visits, trips to sites of special scientific or historical interest, etc.). Applicants for the most competitive university courses, e.g. Oxbridge, Medicine or Veterinary, should explore as many super-curricular options as possible. Use your summers wisely!

Super-curricular activities can:

- Help prepare you for the course/career you want to pursue
- Develop key skills and knowledge so that the step up to a competitive course isn't as much of a shock
- Make your application stand out in a competitive field

#### Suggestions for further study

Try the links below to explore your chosen field in more detail than the average student. Many of these suggestions come from our colleagues at the University of Cambridge, who also suggest keeping a reading journal of extra sources and resources you have discovered. Happy exploring!

**HE+** (University of Cambridge programme to support state school students)

https://www.undergraduate.study.cam.ac.uk/find-out-more/widening-participation/he-plus

Staircase 12 (University of Oxford programme supporting applications to top universities)

https://www.univ.ox.ac.uk/applying-to-univ/staircase12/

Future Learn (flexible online courses from top universities)

https://www.futurelearn.com/

**Coursera** (free online courses from leading international universities)

https://www.coursera.org/

**JSTOR** (free access to thousands of academic articles)

https://www.jstor.org/

BBC Radio 4 Podcasts (podcasts of programmes on wide range of subjects)

https://www.bbc.co.uk/podcasts/radio4

**MOOCs** (Massive Open Online Courses)

https://www.mooc.org/

**TED Talks** (lectures on every conceivable topic)

https://www.ted.com/talks

Podcasts (e.g. available on Apple, Spotify)

e.g. https://www.wired.co.uk/article/best-podcasts







Nature (journal)

https://www.nature.com/

**New Scientist** 

https://www.newscientist.com/

The Economist

https://www.economist.com/

**Times Literary Supplement** 

https://www.the-tls.co.uk/

**Oxford Very Short Introductions** 

https://www.veryshortintroductions.com/

**Advanced Mathematics Support Programme** 

https://amsp.org.uk/

I Want to Study Engineering

https://i-want-to-study-engineering.org/

**Nrich Maths Support** 

https://nrich.maths.org/

**Isaac Physics** 

https://isaacphysics.org/





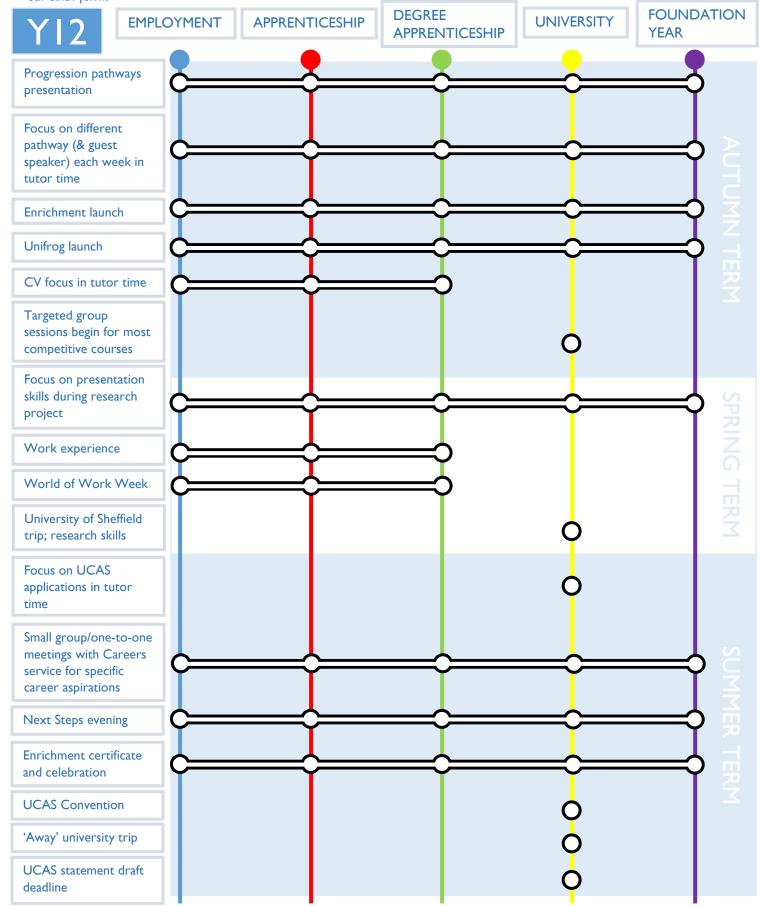


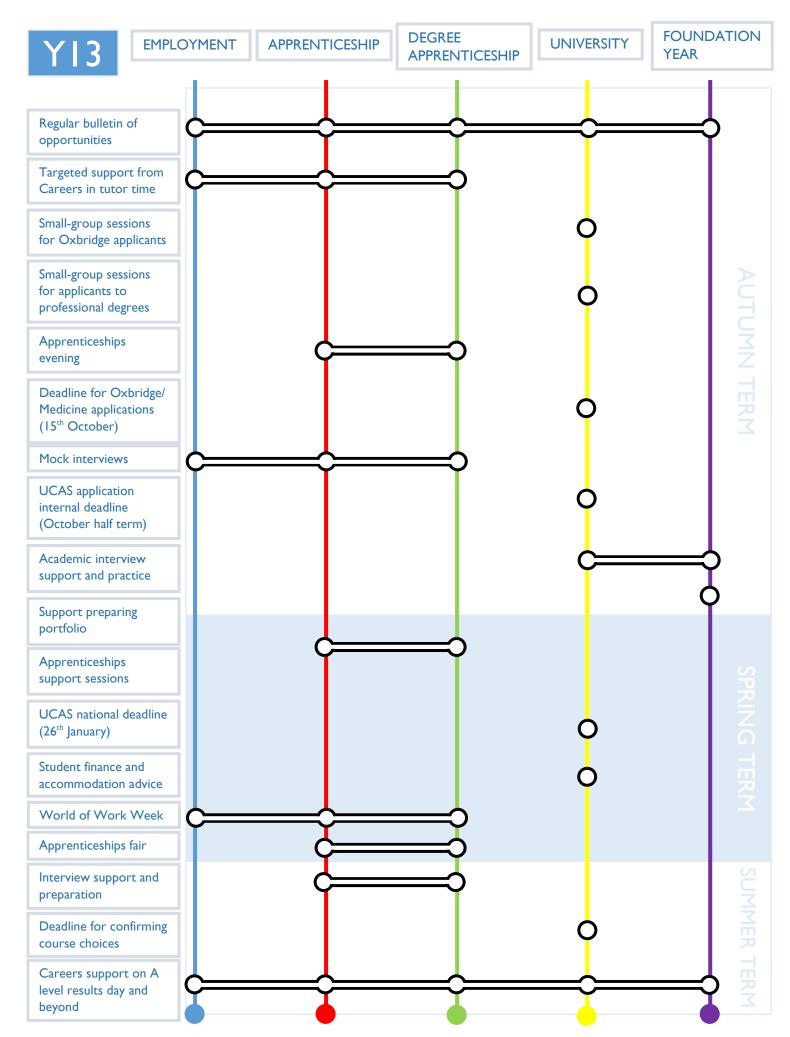
#### MEADOWHEAD SIXTH FORM





Careers advice and guidance is central to everything that we do in our Sixth Form. Working closely with the school's dedicated impartial careers service, we structure our tutor time programme to ensure students are fully supported, whichever pathway they choose to follow. This document is a guide to the comprehensive support that students will receive during the two years in our sixth form.





"Pupils are given high-quality careers advice which helps them to raise their aspirations" Ofsted 2018

## Meadowhead Sixth Form - Entry Requirements 2022



Applicants to our Sixth Form are required to achieve the following criteria:

**Minimum Requirements:** At least five 4 grades at GCSE and grade 4 in Mathematics and English (Language or Literature)

**Recommended Level of Attainment**: At least a grade 5, 6 or Merit in the subjects to be studied. Achieving the **recommended level of attainment** will ensure that students follow courses where they are likely to be successful. However, individual consideration will be given to students who meet the **minimum requirements**. It is vital that you aspire for the highest possible grades at GCSE to demonstrate your readiness for Sixth Form study.

Students usually study three subjects. Students with very high attainment at GCSE (six 7 grades or more) may be able to study four subjects – this will be discussed at interview. EPQ (in y13) and Further Maths are usually studied as a fourth subject.

Applications to the Sixth Form for Meadowhead School pupils is via <a href="www.sheffieldprogress.co.uk">www.sheffieldprogress.co.uk</a>. Students will be given login details and support with the application process in November. Please note that subjects will run given sufficient demand.

Subject	Subject specific requirements
Art, Craft & Design	GCSE 5 or above or BTEC Merit, other candidates on an individual basis
Art Textiles	GCSE 5 or above in an art-related subject, other candidates on an individual basis
Biology	GCSE 6,6 in Combined Sciences or GCSE 6 in Biology plus one other science 6 grade;
	and a 5 in Maths
Business Studies (A level)	5 in Maths; 5 in GCSE Business Studies if studied
Business Studies (BTEC)	4 in Maths; 4 in GCSE Business Studies if studied
Chemistry	GCSE 6,6 in Combined Sciences or GCSE 6 in Chemistry plus one other science 6 grade;
	and a 5 in Maths
Computer Science	GCSE 5 in Computer Science or 6 in Maths
English Language (Linguistics)	GCSE 5 or above in English Language
English Literature	GCSE 5 or above in English Literature
French	GCSE 6 or above in French
Geography	GCSE 5 or above in Geography
German	GCSE 6 or above in German
Health and Social Care BTEC	Merit or above in Level 2 Health and Social Care
History	GCSE 5 or above in History
Information Technology BTEC	GCSE 5 or Level 2 Merit in ICT
Mathematics (A Level)	GCSE 6 or above in Maths
Mathematics – Further (A Level)	GCSE 7 or above in Maths
Music	GCSE 5 or above in Music or at least a Merit Grade in BTEC Music; and the ability to
	play an instrument to a high level (G5 or higher)
Performing Arts (BTEC)	GCSE 5 or above in Drama or Merit in Level 2 Performing Arts
Philosophy	English Language GCSE at Grade 5 or above.
Photography	GCSE 5 or above in an art-related subject, other candidates on an individual basis
Physics	GCSE 6,6 in Combined Sciences or GCSE 6 in Physics plus one other science 6 grade;
	and a 5 in Maths
Product Design	GCSE 5 or Level 2 Merit in Product Design, Resistant Materials or similar subjects
Psychology	GCSE 5 in English Language or Literature and GCSE 5 in Science
Science BTEC (1 or 2 equivalent)	5 grade in a GCSE Science
Sociology	GCSE 5 or above in English Language or Literature
Spanish	GCSE 6 or above in Spanish
Sport BTEC (one, two or three	GCSE 5 or above in PE or Merit in Level 2 Sport
equivalent)	
Sport (A level)	GCSE 5 or above in PE or Merit in Level 2 Sport; candidates on individual basis