

## Work Experience ideas for Y10 and Y12 students

Please complete the *work experience agreement* form when you sign up for or get accepted on work experience and return it to your form tutor.

### Virtual work experience ideas

Here are some organisations which may be offering virtual work-related activities. These should give you some ideas to get started, but please search for your own opportunities too.

Please check the details carefully before you apply (age requirements, time commitments, when it takes place, what it covers etc). Virtual experience will require self-motivation, a bit like home-learning during lockdown, although for a shorter length of time.

Most of these schemes are with large companies. If you want to get some experience with a small or medium sized company, you will need to check their website or contact them direct.

Job sector	Organisation	Find out more
Virtual experience websites with opportunities from a range of organisations in different job sectors. Check regularly for new opportunities. Previous placements have included Airbus, Spotify, NHS and Bentley.	Speakers for Schools  Springpod	<a href="http://www.speakersforschools.org/experience-2/vwex/">www.speakersforschools.org/experience-2/vwex/</a>  <a href="http://www.springpod.com/virtual-work-experience">www.springpod.com/virtual-work-experience</a>
Creative, Advertising, Media & Film	Dentsu Aegis (Advertising & Creative Communications)  BBC (TV, Radio, Media, VR) (16+ with limited options for 16/17 yr olds  Imagen Insights (Advertising/Brand Management)  BFI Film Academy (16+)	<a href="https://dentsu.connectr.co.uk/coderiseup/">https://dentsu.connectr.co.uk/coderiseup/</a>  <a href="https://www.bbc.co.uk/careers/trainee-schemes-and-apprenticeships/work-experience">https://www.bbc.co.uk/careers/trainee-schemes-and-apprenticeships/work-experience</a>  <a href="https://imageninsights.com/community">https://imageninsights.com/community</a>  <a href="https://www.bfi.org.uk/bfi-film-academy-opportunities-young-creatives">https://www.bfi.org.uk/bfi-film-academy-opportunities-young-creatives</a>

Health, Social & Medical	<p>Observe GP (16+)</p> <p>Brighton &amp; Sussex Medical School Outreach</p> <p>Sheffield Teaching Hospitals Virtual Resources</p> <p>Medic Mentor</p>	<p><a href="https://www.rcgp.org.uk/training-exams/discover-general-practice/observe-gp.aspx">https://www.rcgp.org.uk/training-exams/discover-general-practice/observe-gp.aspx</a></p> <p><a href="https://bsmsoutreach.thinkific.com/courses/VWE">https://bsmsoutreach.thinkific.com/courses/VWE</a></p> <p><a href="https://www.sth.nhs.uk/work-for-us/work-experience/virtual-resources">https://www.sth.nhs.uk/work-for-us/work-experience/virtual-resources</a></p> <p><a href="https://medicmentor.co.uk/university-hospitals-birmingham-trust-virtual-work-experience/">https://medicmentor.co.uk/university-hospitals-birmingham-trust-virtual-work-experience/</a></p>
Business, Finance, Banking, Accounting	<p>PWC</p> <p>Santander</p>	<p><a href="https://www.pwc.co.uk/careers/student-careers/school-careers/virtual-classroom.html">https://www.pwc.co.uk/careers/student-careers/school-careers/virtual-classroom.html</a></p> <p><a href="https://www.santander.com/en/careers/uk-careers/emerging-talent/work-experience">https://www.santander.com/en/careers/uk-careers/emerging-talent/work-experience</a></p>
IT & Digital	<p>JP Morgan Chase &amp; Co (Software Engineering) 5 hour programme</p> <p>SideQuest (Games)</p>	<p><a href="https://careers.jpmorgan.com/us/en/students/campaign/virtual-internship">https://careers.jpmorgan.com/us/en/students/campaign/virtual-internship</a></p> <p><a href="https://www.sidequest.org.uk/">https://www.sidequest.org.uk/</a></p>
Law	<p>Jacksons</p> <p>Kennedys Law</p> <p>Pinsents (Y12+)</p>	<p><a href="https://www.jacksons-law.com/2020/04/virtual-work-placement-scheme/">https://www.jacksons-law.com/2020/04/virtual-work-placement-scheme/</a></p> <p><a href="https://www.kennedyslaw.com/careers-at-kennedys/early-careers/">https://www.kennedyslaw.com/careers-at-kennedys/early-careers/</a></p> <p><a href="https://graduate.pinsentmasons.com/your-route-into-law/work-experience/virtual-work-experience/">https://graduate.pinsentmasons.com/your-route-into-law/work-experience/virtual-work-experience/</a></p>
Engineering, Construction, Architecture	<p>Jacobs</p> <p>Regeneration Brainery (Property &amp; Regeneration)</p> <p>Workwise Summer Academy</p>	<p><a href="https://www.jacobs.com/newsroom/news/inspiring-next-generation-jacobs-virtual-work-experience-program-hit">https://www.jacobs.com/newsroom/news/inspiring-next-generation-jacobs-virtual-work-experience-program-hit</a></p> <p><a href="https://regenerationbrainery.co.uk/">https://regenerationbrainery.co.uk/</a></p> <p><a href="https://www.work-wise.co.uk/">https://www.work-wise.co.uk/</a></p>

	Halliday Fraser Munro (Architecture)	<a href="http://hfm.co.uk">Halliday Fraser Munro - Work Experience Zone (hfm.co.uk)</a>
STEM	Scape Group	<a href="https://www.scapegroup.co.uk/learning-in-lockdown">https://www.scapegroup.co.uk/learning-in-lockdown</a>
Transport & Aviation	British Airways	<a href="https://britishairways.connectr.co.uk/inspire/">https://britishairways.connectr.co.uk/inspire/</a>

## Physical work experience ideas

You will need to get creative when thinking about who to approach. Industries that have been hit hard by the pandemic may find it difficult to offer you work experience.

You may need to compromise on the industry that you want to gain experience in. It is better to gain some work experience than none at all; it will help you work out what you like (and don't like) and give you something to talk about at future interviews.

You can ask around friends and family, or approach organisations where you would like to work. In the past, Sheffield Industrial Museums Trust, HSBC, AMRC, Rolls-Royce, Sheffield Theatres and Arup have offered work experience programmes. Check online to see whether they might be offering anything this year.

Y12 students have the offer of experience programmes through SHU Hallam i-Lab (enterprise skills) or Volker Rail Story (rail/civil engineering, sustainability, business etc). Please email [careers@meadowhead.sheffield.sch.uk](mailto:careers@meadowhead.sheffield.sch.uk) to find out more or express interest.

Do you need experience to help you get into a health-related career? Sheffield Teaching Hospitals' work experience programme is again being offered virtually this year. In most cases, universities will ask you to have some experience of working with people with a range of needs, but this does not always have to be in a hospital or even in a health setting. To find out more, search on Unifrog or [www.ucas.com](http://www.ucas.com) for university courses, and then look for experience requirements on the university websites.

You will also find out more information at:

- Medical Schools Council  
<https://www.medschools.ac.uk/studying-medicine/making-an-application/work-experience>
- Dental Schools Council  
<https://www.dentalschoolscouncil.ac.uk/making-an-application/work-experience/>
- Royal College of Nursing  
<https://www.rcn.org.uk/professional-development/work-experience>

You can find some examples of employers who have offered work experience in previous years on the work experience and sixth form pages of the school website. **Please be aware that changes to the job market as a result of the coronavirus pandemic means that there is no guarantee that these employers can offer work experience this year.**

If you have any questions, please email [careers@meadowhead.sheffield.sch.uk](mailto:careers@meadowhead.sheffield.sch.uk).

