

# BTEC National Extended Diploma in Sport (Level 3)



## What will I do on this course?

15 lessons per week to complete this course.

Potential modules depending on group/ cohort profile:

- Unit 1 Anatomy and Physiology – Externally assessed (*exam*)
- Unit 2 Fitness training and programming for health, sport and wellbeing – Externally assessed (*synopsis*)
- Unit 3 Professional development in the sports industry - (*internally assessed*) assignments
- Unit 4 Sports Leadership - Internally assessed (*assignments*)
- Unit 6 Sports Psychology – Internally assessed (*assignments*)
- Unit 7 Practical sports performance (*internally assessed*) - assignments
- Unit 8 Coaching and Performance – Internally assessed (*assignments*)
- Unit 9 Research Methods in Sport – Internally assessed (*assignments*)
- Unit 17 Sports Injury Management - Internally assessed (*assignments*)
- Unit 19 Development and Provision of Sport and Physical Activity – Externally assessed (*synopsis*)
- Unit 22 Investigating Business in the Sport and Active Leisure Industry- Externally assessed (*synopsis*)
- Unit 23 Skill Acquisition in Sport- Internally assessed (*assignments*)
- Unit 25 Rules, Regulations and Officiating in Sport- Internally assessed (*assignments*)
- Unit 31 Current Issues in Sport (*assignments*)

## How will I be assessed?

You will complete 14 different units. 10 units are mandatory and 4 optional. 4 units will be externally assessed. There is 1 exam unit and 3 synoptic units.

### Example of some of the units content

Unit Topics/ Assessment Procedures	Content
1. Sports Leadership	Role, skills and qualities of a leader. Psychological factors and leadership. Different leadership styles.
17. Sports Injury Management	Common sports injuries physiological and psychological, treatment and rehabilitation methods, Investigating risk factors and prevention strategies
22. investigating Business in the Sport and Active Leisure Industry	Business operations, provisions of sports facilities. Business models in sport and active leisure. Resource management and marketing. Finance in the sports industry. Trends in the sports industry.
23. Skill Acquisition in Sport	Nature of skilled performance, classification of skills. Information processing. Theories of teaching and learning in sport. Carry out teaching and learning strategies for sports skills.
25. Rules, Regulations and Officiating in Sport	Roles and responsibilities of officials in sport. Performance of the officials in sport. Undertake the role of an official and review performance.

## Personal Study Time

BTEC Level 3 students are expected to devote as much time outside the classroom to their studies as in lessons. You will be given significant amounts of homework on a regular weekly basis. The nature of this work will depend on the topic being studied but will always be given in order to reinforce the work covered in class and will often form the basis of assignment work.

## Progression

BTEC Nationals are designed to provide highly specialised work related qualifications in a range of vocational sectors. This course will give the students the knowledge, understanding and the skills that they need to prepare for employment. The qualification also provides development for students to go onto higher education, degree or professional development programmes.

## Where can I find out more information?

For more information, speak to Mr Perry or Miss Dunbar.