

BTEC Level 3 National Extended Certificate in Sport (Level 3)

What will I do on this course?

5 lessons per week to complete this course.

Potential modules depending on group/ cohort profile:



Unit 1 Anatomy and Physiology *exam*

Unit 2 Fitness training and programming for health, sport and wellbeing- *externally assessed (synopsis)*

Unit 3 Professional development in the sports industry- *internally assessed (assignments)*

Unit 7 Practical sports performance- *internally assessed (assignments)*

Will the course suit me?

The ideal student would take an interest in sport as a whole subject. They should enjoy practical lessons and be prepared to analyse their own and others' ability. They will want to learn about how the body reacts to exercise and the different body systems involved when developing fitness and training. Students should be prepared to become a role model within the PE department and there may be an opportunity to help run Extra Curricular activities and clubs.

How will I be assessed?

The qualification consists of internally assessed assignment work worth 33% of the overall grade. The remainder of the course is externally assessed through a Fitness Programming synopsis and an externally assessed exam, these 2 units combined are worth 67% of the overall grade. Assignment work is graded through developing a portfolio of evidence which hits specific criteria for each unit. The final grade will be established through a means of calculating a credit score, accumulated through the 4 units.

Personal Study Time

BTEC Level 3 students are expected to devote as much time outside the classroom to their studies as in lessons. You will be given significant amounts of homework on a regular weekly basis. The nature of this work will depend on the topic being studied but will always be given in order to reinforce the work covered in class and will often form the basis of assignment work.

Progression

BTEC Nationals are designed to provide highly specialised work related qualifications in a range of vocational sectors. This course will give the students the knowledge, understanding and the skills that they need to prepare for employment. The qualification also provides development for students to go onto higher education, degree or professional development programmes.

Where can I find out more information?

For more information, speak to Mr Perry or Miss Dunbar.