

Preparing for the Future

To be prepared for your next steps, it helps to learn about your own strengths and skills, find out how to write a CV and how to approach an interview. You can try out a virtual interview to put your skills into practice.

Think about how you could use networks through LinkedIn or social media to get you closer to the jobs you want to do. Find out about your rights in the workplace and what 'good' work means to you.

Building your Employability Skills

Do you need to develop your skills to strengthen a future application to university or work? If you have struggled to find workplace experience, don't give up, but don't discount the things you do at school or home. Try these resources to build your skills further.

- Skills Builder Framework: <https://www.skillsbuilder.org/homelearning>
- Young Professionals Skills Training: <https://www.youthemployment.org.uk/young-professional-training/>

CV-Writing and Success at Interview

Step 1: Watch both of the workshop videos, Recognising Strengths and Interview Skills (attached below).

Step 2: Try out your new-found interview skills with a Barclays Lifeskills virtual interview (link below). If you haven't used this site before, you will need to register.

Step 3: Take a look at the CV tips on the Success at School website (link below), then use the CV template (document below) to try writing your own.

- <https://barclayslifeskills.com/i-want-to-prepare-for-an-interview/school>
- <https://successatschool.org/advisedetails/201/How-to-write-a-CV>

Your Online Presence

Find out how to use LinkedIn to make contact with professional and students in your chosen areas of work or study.

- <https://www.youthemployment.org.uk/using-linkedin/>
- <https://www.linkedin.com/pulse/10-tips-students-new-grads-linkedin-omar-garriott>
- <https://www.careers.manchester.ac.uk/findjobs/job-search/linkedin/>

Social media hints & tips:

- <https://www.youthemployment.org.uk/a-guide-to-social-media-for-jobseekers/>
- <https://www.youthemployment.org.uk/why-you-should-clean-up-your-online-presence/>

Rights and responsibilities at work

- Citizens Advice Bureau (your rights at work): www.citizensadvice.org.uk/work/check-your-rights-at-work-if-youre-under-18/
- TUC (young people and work): www.tuc.org.uk/resource/young-people-work
- Money Advice Service (understanding your payslip): www.moneyadviceservice.org.uk/en/articles/understanding-your-payslip

What is 'good' work? What is success?

- What is good work: www.healthyworkinglives.scot/workplace-guidance/fair-treatment/good-and-fair-work/Pages/what-is-good-work-and-what-makes-good-work.aspx
- How to find fulfilling work?: [How to Find Fulfilling Work](#)
- How to find meaningful work?: https://youtu.be/H91JDqeR_jg
- What is Success?: [What is 'success'?](#)



HOW TO FIND FULFILLING WORK



Figure 1. The heart.
Beating human heart.