

# DRAMA *at home*

with Out of the Box

## SUPERHEROES!

Imagine if a Superhero could come to Earth now to save us from the many issues that threaten our planet.

We will start with some light-hearted fun!

### EXERCISE ONE

- I** Mime as many Superheroes that you can think of in one minute...and GO!

### EXERCISE TWO

- I** Start an everyday activity. A problem arises. Help is needed. A Superhero appears and sorts out the problem. Another problem arises. Another Superhero is required...the improvisation continues.

### EXERCISE THREE

- I** A gaming App has created Superheroes to save the world in the 21st Century. You are one of the characters created for this App. It has now become possible to release only **ONE** of these characters into the real world to save the planet.
- 2** There is a competition to decide which Superhero will best serve humanity. Create a debate and argue why your character is the one that should be chosen to save humanity. Present your argument. .
- TIP!** What does your character sound like? How do they move? What are their superpowers? Think of very strong reasons why they are important to save humanity!

USE YOUR IMAGINATION AND HAVE FUN!