

SUPERHEROES!

Imagine if a Superhero could come to Earth now to save us from the many issues that threaten our planet.

We will start with some light-hearted fun!

EXERCISE ONE



Mime as many Superheroes that you can think of in one minute...and GO!

EXERCISE TWO

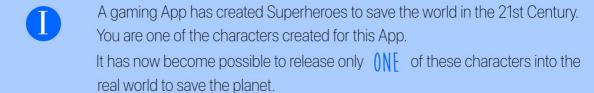


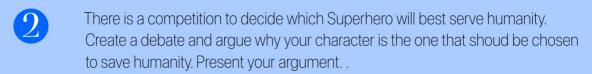
Start an everyday activity. A problem arises.

Help is needed. A Superhero appears and sorts out the problem. Another problem arises.

Another Superhero is required...the improvisation continues.

EXERCISE THREE







What does your character sound like? How do they move? What are their superpowers? Think of very strong reasons why they are important to save humaniity!

USE YOUR IMAGINATION AND HAVE FUN!