

DRAMA *at home*

with Out of the Box

THEATRE SPORTS

Theatre Sports involve fun, on the spot improvisation games that work on so many skills required to improve both acting and life skills.

EXERCISE ONE

- 1** You can do this story as a solo story, or in a line up of performers, or in pairs.
- 2** Start telling a story or create a scene where each sentence has to start with the next letter of the alphabet.

For example:

Actor A: Anyone been served yet?

Actor B: Bad service here, so hope you have a lot of time to spare!

EXERCISE TWO

- 1** Perform in pairs.
 - 2** One performer gives a speech in gibberish or uses any type of made up language. (Even numbers will do!)
- The other performer translates their speech line by line into English, based on what they think the first performer is communicating.

EXERCISE THREE

- 1** Act out a scene based on any title selected by the "audience" of classmates.
- 2** During the performance, one audience member is in control of the "remote" and can call out any of the following instructions:
 - Slow Motion
 - Fast Forward
 - Rewind
 - Buffering

The actor/s react accordingly.

EXERCISE FOUR

- 1** One or more performers enter the performance area. One performer is offstage for each actor on stage.
 - 2** The performer/s on stage begin to perform a scene. The performer/s offstage speak on their behalf.
- TIP!** You can work with one another or against one another for some funny results!

USE YOUR IMAGINATION AND HAVE FUN!