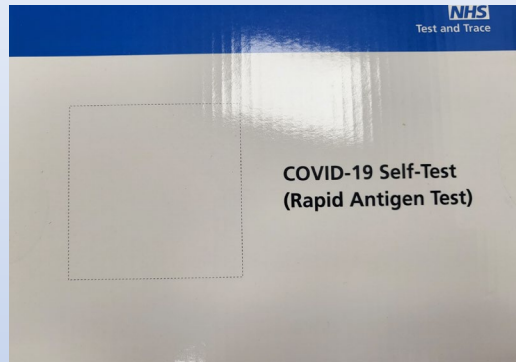


Types of Covid Lateral Flow Tests



Sanitise, blow nose, prepare area.

Empty all liquid in the sachet.

Swab throat (4 times) and nose (10 circles).

Put swab in tube and leave for 15 seconds.

Pinch swab in tube whilst removing to extract all liquid. Add cap to tube.

Squeeze 2 drops of liquid onto test strip.

Wait 30 minutes to read result.



Sanitise, blow nose, prepare area.

Swab nose (5 circles in each nostril).

Put swab in tube and rotate in liquid for 30 seconds.

Pinch swab in tube and rotate 5 times, then pinch whilst removing to extract all liquid. Add cap to tube.

Squeeze 4 drops of liquid onto test strip. Wait 15 minutes to read result.



Sanitise, blow nose, prepare area

Swab nose (5 circles in each nostril)

Put swab in tube, push tip of swab to the side of the tube and rotate in liquid at least 6 times

Leave the swab in the tube for 1 minute

Remove swab, then Pinch swab in tube and rotate 5 times, then pinch whilst removing to extract all liquid. Add cap to tube.

Squeeze 4 drops of liquid onto test strip. Wait 15 minutes to read result