

# Here to Help Offer 2019/20

Resources to support students whilst studying at home

	Help with understanding higher education	Help with making choices about higher education	Help with what to do next
Year 9	<p><b>Degree or No Degree</b> Introduces higher education; the types of degrees and qualifications available to students and looks at exciting industries graduates can go onto.</p>	<p><b>Introducing the World of Careers</b> Introduces the range of careers available locally and nationally. Includes a research activity to enable students to discover the qualifications and experience needed for different careers.</p> <p><b>How to Find Your Perfect Career</b> Exploratory activities to help identify the skills, motivations and likes students have, and how they can be used in future careers.</p>	<p>Meet our team and invite students to ask questions at <b>Here to Help</b> <a href="http://www.heppsy.org">www.heppsy.org</a></p> <p>See and share resources for students, parents, carers and your staff at <b>HeppHUB</b> <a href="http://www.hepp.ac.uk">www.hepp.ac.uk</a></p> <p>Visit <b>DiscoverUni</b> at <a href="http://discoveruni.gov.uk">discoveruni.gov.uk</a> to see official resources from The Office for Students.</p>
Year 10	<p><b>Degree Pathways</b> Introducing the variety of career pathways that higher education can provide including great graduate case studies.</p> <p><b>Self Care, Study Care</b> Exploring why sleep is important whilst at university, the importance of a good routine and examining the effects of lack of sleep.</p>	<p><b>Whats Next After School?</b> Explores options post 16 that support varied careers and higher education opportunities, and that do not limit future options. Includes a research task tailored to local opportunities and providers.</p> <p><b>How to Find Your Perfect Career</b> Exploratory activities to help identify the skills, motivations and likes students have, and how they can be used in future careers.</p>	<p>Meet our team and invite students to ask questions at <b>Here to Help</b> <a href="http://www.heppsy.org">www.heppsy.org</a></p> <p>See and share resources for students, parents, carers and your staff at <b>HeppHUB</b> <a href="http://www.hepp.ac.uk">www.hepp.ac.uk</a></p> <p>Visit <b>DiscoverUni</b> at <a href="http://discoveruni.gov.uk">discoveruni.gov.uk</a> to see official resources from The Office for Students.</p>

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Year 11	<p><b>University Life</b></p> <p>Exploring what it is actually like to be a university student; finding out about accommodation, joining societies and what wider opportunities can be accessed.</p>	<p><b>Whats Next After School?</b></p> <p>Explores options post 16 that support varied careers and higher education opportunities, and that do not limit future options. Includes a research task tailored to local opportunities and providers.</p> <p><b>How to Find Your Perfect Career</b></p> <p>Exploratory activities to help identify the skills, motivations and likes students have, and how they can be used in future careers.</p>	<p>Meet our team and invite students to ask questions at <b>Here to Help</b> <a href="http://www.heppsy.org">www.heppsy.org</a></p> <p>See and share resources for students, parents, carers and your staff at <b>HeppHUB</b> <a href="http://www.hepp.ac.uk">www.hepp.ac.uk</a></p> <p>Visit <b>DiscoverUni</b> at <a href="http://discoveruni.gov.uk">discoveruni.gov.uk</a> to see official resources from The Office for Students.</p>
Year 12	<p><b>Budgeting</b></p> <p>Exploring what it is like to budget as a student with tips from recent graduates. Includes the chance to put skills into practice with a real world budgeting scenario.</p> <p><b>Self Care, Study Care</b></p> <p>Exploring the importance of sleep at university with details about different sleep issues and how these impact sleep cycles.</p>	<p><b>Choosing Your Higher Education Course and Institution</b></p> <p>Helping students to further develop effective career decision making skills and select the best higher education options for them.</p> <p><b>Securing your Dream HE Offer</b></p> <p>How students can use their time well for successful higher education applications, from transferable skills to applying for a summer school.</p>	<p>Meet our team and invite students to ask questions at <b>Here to Help</b> <a href="http://www.heppsy.org">www.heppsy.org</a></p> <p>See and share resources for students, parents, carers and your staff at <b>HeppHUB</b> <a href="http://www.hepp.ac.uk">www.hepp.ac.uk</a></p> <p>Visit <b>DiscoverUni</b> at <a href="http://discoveruni.gov.uk">discoveruni.gov.uk</a> to see official resources from The Office for Students.</p>
Year 13	<p><b>University Life</b></p> <p>Engaging with the university experience such as freshers week, accommodation, varsity and societies. Includes what a typical week might look like depending on the degree studied.</p>	<p><b>Signposting Service</b></p> <p>Current and relevant links to sites which students will find essential during transition.</p>	<p>Meet our team and invite students to ask questions at <b>Here to Help</b> <a href="http://www.heppsy.org">www.heppsy.org</a></p> <p>See and share resources for students, parents, carers and your staff at <b>HeppHUB</b> <a href="http://www.hepp.ac.uk">www.hepp.ac.uk</a></p> <p>Visit <b>DiscoverUni</b> at <a href="http://discoveruni.gov.uk">discoveruni.gov.uk</a> to see official resources from The Office for Students.</p>

## Help from our partners

Our partner organisations are also here for you and your students. Find their offers here:



### UNI4U at Home

You should be able to find all you need at:  
<https://www.shu.ac.uk/about-us/schools-and-community-outreach/uni4u-at-home>



The  
University  
Of  
Sheffield.

### University of Sheffield

Online offer available soon