

## Key concepts

<b>Protection</b>	Using methods to prevent STIs
<b>Contraception</b>	Using methods to prevent pregnancy and STIs
<b>Consent</b>	Consent means to give permission for something to happen.
<b>Harassment</b>	when someone behaves in a way which offends you or makes you feel distressed or intimidated
<b>STI</b>	Sexual transmitted disease. When you catch a disease through having sex.
<b>Pornography</b>	Explicit depiction, in pictures, writing, or other material, of sexual subjects or activity in a manner intended to arouse.

## STIs

**HIV** - human immunodeficiency virus, a retrovirus which causes AIDS.  
**AIDS** - a disease in which there is a severe loss of the body's immunity, greatly lowering the resistance to infection and  
**Chlamydia** is a common STD that can infect both men and women. It can cause serious, permanent damage to a woman's reproductive system. Many people have no symptoms if they have it.

### Risks of Pornography

1. Though porn shows actors having real sex, they are not shown as real people with real personalities and feelings.
2. Porn only focuses on the body bit of sex, not the feelings bit which for most people is the most important aspect.
3. Sex in porn is often different to how people have sex in real life

## Consent

Consent is defined as an agreement made by someone with the freedom and ability to decide something.  
 Under the law, it is the person seeking consent who is responsible for ensuring that these conditions are met.  
 Consent has to be given freely and no one can be made to consent to something. It's not consent if someone does something because they feel they have to.  
 British law says that both people need to give their consent before sex or any physical closeness  
 The law also says that to consent to sex a person must be 16 or over and have the ability to make informed decisions for themselves (i.e. they have to be mature enough to make the decision and not be impaired by e.g. drugs or alcohol)

### Revenge Porn

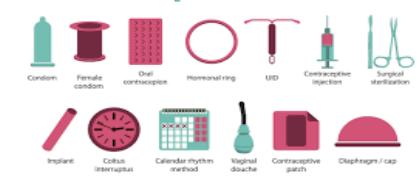
Revenge porn is the sharing of sexually explicit images or videos without the consent of the person who features in the image or video.  
 Revenge porn has become more common as technology has advanced, especially with the rise of the camera phone, which has enabled people to film easily, as well as social media sites and platforms such as WhatsApp, Snapchat etc., which allow people to easily send and receive content.  
 There have been several websites dedicated to hosting revenge porn videos.

**Sexual harassment is no big deal never okay.**

**Sexual harassment is just a bit of banter never okay.**

**Sexual harassment is part of growing up never okay.**

### Contraception methods



### Contraception and Protection

**Contraception** - Why do people use it? To not get pregnant.  
**Protection** - Why do people use it? To stop STIs from spreading.

#### Forms:

- Condom** - A flexible barrier, usually made of latex, designed to cover the penis during sex. This is a form of both contraception and protection.
- Pill** - A contraceptive taken by mouth to stop pregnancy
- Implant** - A match stick like hormone inserted into a woman's arm to prevent pregnancy
- Family planning** - Having sex when a woman is not ovulating to avoid pregnancy

## Sexual harassment

Sexual harassment is **unwanted behaviour of a sexual nature which:** violates your dignity. makes you feel intimidated, degraded or humiliated. creates a hostile or offensive environment.

Meadowhead has a NEVER OK policy relating to sexual harassment.