

Outline of the course	
Welcome and Coping.	You will learn good strategies to cope with your big move from primary to secondary school.
Day to day life.	You will learn how to manage your move and how to stay organised in school and at home.
Ethical Values	You will learn what Ethics means and why we study it.
Integrity, Kindness, Empathy.	These are some examples of ethical values. We will learn why they are important.

Random Acts of Kindness.
Doing something kind for someone randomly! Maybe a stranger or someone you know.

Where to get support
Form Tutor, HOY or Pastoral Manager. BBC Bitesize: Starting secondary school.

Welcome to Ethics and Meadowhead School






Key Words and concepts	
Empathy	Being able to put yourself into someone else shoes and see things from their perspective
Integrity	Being honest and having moral values
Kindness	Treating people with respect
Coping	Feeling like you can deal with new changes and life itself
Ethics	The study of what is right and wrong
Strategies	Things that you can put in place to help you cope with day to day life
Organised	Being prepared and having things in good order.
Honesty	Telling the truth.
Tolerance	Accepting that others are different and that's OK
Courage	Standing up for what is right, even if it means it goes against the consensus.
Respect	A way of thinking of positively about someone or something
Trustworthy	Being able to be relied on or keep a secret

How to cope at school

What is Ethics? Whole school overview	
What is good? We will look at different ways in which people live and what we can do to help people who aren't as lucky as us.	How should I live? What is the best way to live? Why should we not bully and treat each other respectfully.
How can I cope? Individuals unable to access services because they are deaf, blind etc.	How should I treat others? Why should we not bully, stereotype, discriminate or be violent towards others
What are the laws? What are the laws in the UK that keep me and others safe.	How can I stay safe? We study sex education, being home alone, fire safety and basic first aid.

Top tip 1: Be organised: Get your bag ready at night, write your homework in your planner, learn where places are in your school, leave with plenty of time spare so you are not late
Top tip 2: Communicate: Talk to your friends and family about your feelings. If you are feeling unsure about anything speak to a teacher you trust like your form tutor or your head of year
Top tip 3: Support each other: Help each other in your form, be supportive to your peers, never bully or laugh at anyone, respect each others differences.