Key Words	
Social Action	Doing something unpaid to help others or improve our community, the world, or the environment.
Fundraising	Generating financial support for a charity or cause.
Social Injustice	Unfairness in society based on inequality
Protest	Statements or actions which show disapproval of something, and what you want changing about that particular thing or person.
Volunteering	Freely offering to do something
Petition	A request that is signed by numerous people appealing to the government, or people in authority to change something on an issue.
Activist	A person or group of people that aim to bring about political change in society

#### Statistics of the impact/benefits of social action

- 1. Lowers anxiety by 22%
- 2. 27% more likely to find a job
- 3. 9/10 agreed that youth social action allows them to develop useful skills for the future.
- 4. 3/4 felt more confident in securing a job.
- 5. 8/10 felt more capable than they realised.
- People are 50% more likely to volunteer in the future if they have already done some form of social action.
- 7. 3 million young people took part in social action across the UK in 2016
- 8. 24 million hours of social action took place in 2016

### **Famous Campaigns from the UK**

- 1. Bristol Bus Boycott
- 2. Kinder Scout Bypass
- 3. Marcus Rashford Free School Meals



# Ways to make a difference

- Fundraising Make a social media campaign
- 2. Protests and marches
- 3. Donating your time or money
- 4. Volunteering
- 5. Signing or setting up petitions
- Help with your local environment by growing trees, cleaning up areas
- 7. Contacting a local politician or MP

## Why should we make a difference?

- 1. Connection to your community, building relationships with people in your community
- 2. Making a positive change to your community and people's lives makes you feel good about yourself.
- 3. Increases resilience
- 4. Breaking down stereotypes, preventing discrimination, crating equality within a community and the world.
- 5. Supporting others and working as a team to create a better community and world
- 6. A sense of duty and a feeling of responsibility as a citizen of a community and the world to make it better and having an active role in what is happening in your community and the world
- 7. Lowers levels of anxiety
- 8. Raises empathy and improves cooperation

Key Words	
Social Action	Doing something unpaid to help others or improve our community, the world, or the environment.
Fundraising	Generating financial support for a charity or cause.
Social Injustice	Unfairness in society based on inequality
Protest	Statements or actions which show disapproval of something, and what you want changing about that particular thing or person.
Volunteering	Freely offering to do something
Petition	A request that is signed by numerous people appealing to the government, or people in authority to change something on an issue.
Activist	A person or group of people that aim to bring about political change in society

#### Statistics of the impact/benefits of social action

- 1. Lowers anxiety by 22%
- 2. 27% more likely to find a job
- 3. 9/10 agreed that youth social action allows them to develop useful skills for the future.
- 4. 3/4 felt more confident in securing a job.
- 5. 8/10 felt more capable than they realised.
- People are 50% more likely to volunteer in the future if they have already done some form of social action.
- 7. 3 million young people took part in social action across the UK in 2016
- 8. 24 million hours of social action took place in 2016

### **Famous Campaigns from the UK**

- 1. Bristol Bus Boycott
- 2. Kinder Scout Bypass
- 3. Marcus Rashford Free School Meals



# Ways to make a difference

- Fundraising Make a social media campaign
- 2. Protests and marches
- 3. Donating your time or money
- 4. Volunteering
- 5. Signing or setting up petitions
- Help with your local environment by growing trees, cleaning up areas
- 7. Contacting a local politician or MP

## Why should we make a difference?

- 1. Connection to your community, building relationships with people in your community
- 2. Making a positive change to your community and people's lives makes you feel good about yourself.
- 3. Increases resilience
- 4. Breaking down stereotypes, preventing discrimination, crating equality within a community and the world.
- 5. Supporting others and working as a team to create a better community and world
- 6. A sense of duty and a feeling of responsibility as a citizen of a community and the world to make it better and having an active role in what is happening in your community and the world
- 7. Lowers levels of anxiety
- 8. Raises empathy and improves cooperation