

Staying Safe

Gaming	the action or practice of playing video games
Gambling	take risky action in the hope of a desired result
Loot boxes	a box containing a prize of unknown value, especially one offered for sale to players as part of an online game
Knife Crime	knife crime is crime involving a knife. It's a crime to threaten someone with a knife or carry a knife as a weapon in a robbery or burglary
#knife free	the #knifefree campaign aims to highlight the consequences of carrying a knife and to inspire young people to pursue positive alternatives.
County Lines	when criminals befriend children, either online or offline, and then manipulate them into drug dealing
FGM	Female Genital Mutilation (FGM) is the act of cutting some or all of a female person's external genitals, for reasons which are not medical.

Support in school: [Form Tutor / HOY / PM/ Any adult you trust]	
Gambling www.begambleaware.org National Gambling Helpline 0808 8020 133.	Childline – 0800 1111 www.childline.org.uk NSPCC Police – 101 ALWAYS CALL 999 IN AN EMERGENCY
Knife Crime and County Lines www.knifefree.co.uk https://www.fearless.org/en/give-info https://www.knivistakelives.co.uk/ www.victimsupport.org.uk For anyone who has been a victim	Female Genital Mutilation (FGM) NSPCC FGM helpline: 0800 028 3550; fgmhelp@nspccc.org.uk https://nationalfgmcentre.org.uk/ https://www.forwarduk.org.uk/

Knife crime facts

99% of 10-29 year olds do not carry a knife

People who carry a weapon are **more likely to be hospitalised with a violence-related injury**, and in many cases their own weapon has been used against them
Friends who pressure a person to carry a knife are **not good friends**

Consequences of carrying a knife

- Go to prison for up to 4 years for carrying a knife
- Kill someone
- Distress for the victims family
- Risking your own life
- Becoming the victim
- Impact on your family and friends
- Serious injuries – potentially life changing
- Escalating a situation
- Unable to visit certain countries
- Have to declare conviction to future employers

County Lines Warning Signs

- ☐ Regularly missing from school or home
- ☐ Unexplained acquisition money, clothes, or mobile phones
- ☐ Relationships with controlling / older individuals or groups
- ☐ Suspicion of physical assault / unexplained injuries
- ☐ Carrying weapons
- ☐ Significant decline in school results / performance
- ☐ Self-harm or significant changes in emotional well-being

Gambling Facts

36% of young people aged 11 to 16 spent their own money on gambling in the past year

11% spent money on gambling activities in the past week, spending an average of £17

12% have played an online gambling-style game. Nearly half played the game via an app

52% have heard of in game items and **44%** of those paid money to open loot boxes to get them

69% say they have seen or heard gambling adverts or sponsorship

50% said someone had spoken to them about the problems gambling can lead to

Signs That Someone Has A Problem With Gaming / Gambling

- Struggle to limit or balance their time?
- Lost interest in other hobbies and activities?
- Being deceptive or lying about your play?
- Continuing to play despite negative impacts?

If you are trying to manage your screen time better there are various puzzles and games for the brain designed to sharpen the memory. These games may also be better alternatives to video games.

You could try –Sudoku, jigsaws, chess or crossword puzzles

Some of these we have available in school!

FGM Facts

- It is **illegal** to preform FGM in the UK, to take someone abroad to have FGM or to help someone organise FGM.
- Breaking the law on FGM can lead to **14 years in prison.**
- **FGM Protection Orders** are issued by family courts and can order anything to keep a female safe.
- FGM has **absolutely no health benefits**, and it harms girls and women in many ways
- FGM is not the requirement of any religion
- FGM is **child abuse**