

## Facts about Sikhism

Founder:	Guru Nanak
When founded:	1499 in Punjab, India
Holy book:	The Guru Granth Sahib
Place of worship:	Gurdwara
Holy place:	The Golden Temple in Amritsar
Beliefs about God:	Monotheistic; only 1 God
Key beliefs:	Everybody is equal

## The Guru Granth Sahib

Contains everything the 10 human gurus taught Sikhs
Treated like an emperor to show how important it is: <ul style="list-style-type: none"> <li>Always higher up than the worshippers</li> <li>Covered with a cloth when not being read</li> <li>Kept in a rest room when not being used</li> </ul>

## The Golden Temple

In Amritsar, northern India	Contains one of the oldest copies of the Guru Granth Sahib Built to show everybody is equal: <ul style="list-style-type: none"> <li>4 doors show everybody is welcome</li> <li>Largest langar kitchen and hall in the world</li> </ul>
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## Key concepts

Equality	Everybody being treated the same and having the same chances
Karma	How your good and bad actions affect what happens to you
Khalsa	The community of Sikhs who are willing to fight for their faith
Pilgrimage	A journey to a special place
Reincarnation	When a soul is reborn after death

## The langar

Free kitchen found at every gurdwara.
Shows how important equality is to Sikhs: <ul style="list-style-type: none"> <li>Everybody (even non-Sikhs) are welcome</li> <li>Sikhs take turn to provide the food and cook (and do the washing up!)</li> <li>Everybody sits on the floor to show nobody is more important than anybody else</li> </ul>



Sikhism

## The 5 Ks

Kesh	Uncut hair
Kara	Bangle
Kirpan	Knife
Kangha	Comb
Kacchera	Cotton shorts

## Reincarnation

When you die your soul is born into a new body.
The life your soul has depends on the karma from your previous lives.
Reincarnation happens many times, until God has helped you to become so good you don't need to be reborn.

## The 10 Gurus

1. Guru Nanak	Started Sikhism and taught his followers that equality was important
2. Guru Amar Das	Made every visitor eat in the langar to show them how important equality is
3. Guru Angad	Wrote down Guru Nanak's hymns
4. Guru Ram Das	Started to build Amritsar; the Sikh city
5. Guru Arjan	Put all of the previous gurus' teachings into a holy book
6. Guru Hargobind	Encouraged Sikhs to learn how to defend themselves
7. Guru Har Rai	Worked with the government to try and protect Sikhs
8. Guru Har Krishnan	Helped ill people but became ill himself and died aged 8
9. Guru Tegh Badhr	Refused to become a Muslim and died to help Hindus
10. Guru Gobind Singh	Set up the khalsa