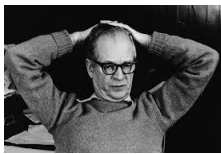


During the Psychology course, we will be examining theories and research by psychologists. Many Psychologists are famous for one particular approach within psychology.

An approach means using one particular way to study and try to understand people. There are six approaches that you will study in psychology and these are going to be the building blocks for all the other topics that you study on the course.



Activity: [Classical Conditioning: How It Works and How It Can Be Applied \(healthline.com\)](https://www.healthline.com/health/classical-conditioning)

Use this link to read more about classical conditioning and how it could be used to explain why a dog will produce saliva to a bell. Write down what you have found. Try to use as much of the specialist words as possible:



[15 Social Learning Theory Examples \(2024\) \(helpfulprofessor.com\)](https://helpfulprofessor.com/15-social-learning-theory-examples-2024/)

Using the website above choose five examples of how social learning theory can be applied to real life:

1.

2.

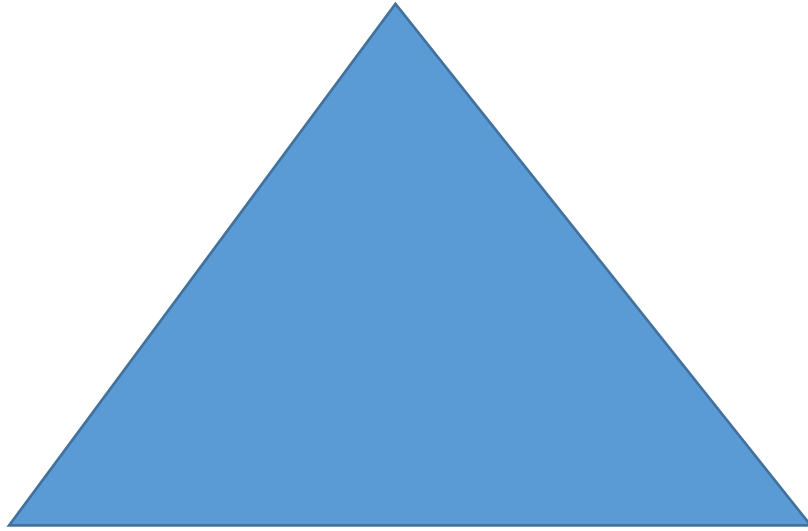
3.

4.

5.



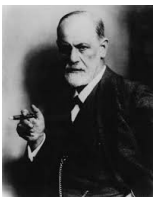
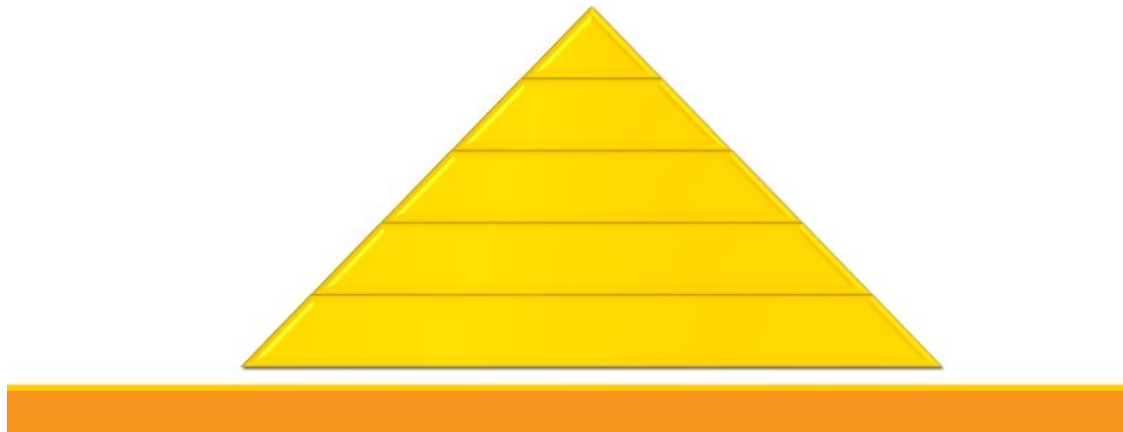
Put the negative triad into google images and draw the negative triad here.
Include an example for each part of the triad.



The Humanistic Approach - the one that likes to be different! It believes in valuing the individual and that everyone has the free will to be able choose their behaviour. If you choose your behaviour though you have to take responsibility for it. It is different because it rejects science whereas all the other are scientific.

Another triangle! Draw the hierarchy of needs and label the five categories. You can also find this on google images.

Maslow's Hierarchy of needs.



One of case studies that is used to illustrate the unconscious mind is Anna O (Bertha Pappenheim). Have a read about the case study on the internet and summarise it here:

The Biological Approach – understanding people through studying their genes, hormones and nervous system. A psychologist called Dabbs studied aggressive male criminals and compared their testosterone levels, through a saliva sample, to non aggressive male criminals. He founds that the saliva samples of the aggressive criminals had higher levels of testosterone than the non aggressive criminals. This suggested that hormones can have an influence on behaviour.

Final task for the summer

A really important psychologist from each of the approaches has been chosen. We would like you to choose one of these to research in detail and create a biography of them. You should produce at least one page on the psychologist. The information should be presented well and may include pictures and diagrams. You should include information on:

- Who they are and key demographics about them (nationality, date of birth, where they studied psychology).
- What are the key assumptions of their approach to studying people (what do they believe about how to study people)?
- What psychological work they are famous? What they did do and find out?
- Are there any ethical concerns or evaluations you could make regarding their work?
- Any other relevant or interesting information.

Behaviourist approach – Skinner

Social learning theory – Bandura

Cognitive approach – Loftus

Humanistic approach – Rogers

Psychodynamic approach – Freud

Biological approach – Magurie

The work is due in the first lesson back in September.

It should have your name on and should be all your own words.

Good Luck and enjoy your summer

