

## BTEC National Diploma in Sport

**Overview:** This course is suitable for students who wish to study Sport at University or via an Apprenticeship route. Students will complete 9 different units over 2 years. There are 3 external exams and 6 internal coursework units. The course is made up of both practical and theory lessons.

Exam Board- Edexcel

Why Study? The practical and theory elements of the course allow a wide range of students gain success. This course is the equivalent of 2 A levels and is made up of 9 different units.

### **Content:**

Key Units/ Content

Unit1- Anatomy and Physiology (external exam taken at the end of Y12)

Unit 2- Fitness testing training and programming (external synopsis exam taken in Y13)

Unit 22- Investigating Business in Sport (external synopsis exam taken in Y12)

Unit 7- Practical Sport (coursework unit completed in Y12)

Unit 3- Professional Development in the sports industry (coursework unit completed in Y13)

Key Skills

Unit 17- Injury in Sport (coursework unit completed in Y12)

Unit 25- Rules and Regulations in Sport (coursework unit in Y12/13)

Unit 23- Skill Acquisition in Sport (coursework unit completed in Y12/13)

Unit 4- Sports Leadership (coursework unit completed in Y13)

Independent study is essential. Effective time management and organisational skills. Passion for sport and the theory around this. Good literacy skills.

### **Entry Requirements:**

Grade 5 or above at GCSE

Merit or above at BTEC Level 2 Sport

### **How Assessed:**

How many exams- 3 exams

Breakdown of marks-

Unit 1 marked out of 80

Unit 2 marked out of 80

Unit 22 marked out of 80

## **Coursework**

Unit 3, 4, 7, 17, 23, 25

## **Progression:**

Careers- PE teacher, sports coach, physiotherapist, sports analyst etc

University Courses- all sports related courses at University

Links with other subjects- Biology