

BTEC National Extended Certificate in Sport

Overview: This course is suitable for students who wish to study Sport at University or via an Apprenticeship route. Students will complete 4 different units over 2 years. There are 2 external exams and 2 internal coursework units. The course is made up of both practical and theory lessons.

Exam Board- Edexcel

Why Study? The practical and theory elements of the course allow a wide range of students gain success. This course is the equivalent of 1 A level and is made up of 4 different units.

Content:

Key Units/ Content

Unit1- Anatomy and Physiology (external exam taken at the end of Y12)

Unit 2- Fitness testing training and programming (external synopsis exam taken in Y13)

Unit 7- Practical Sport (coursework unit completed in Y12)

Unit 3- Professional Development in the sports industry (coursework unit completed in Y13)

Key Skills

Independent study is essential. Effective time management and organisational skills. Passion for sport and the theory around this. Good literacy skills.

Entry Requirements:

At least five 4 grades at GCSE. GCSE 5 or above in PE or Merit in BTEC Sport L2

How Assessed:

How many exams- 2 exams

Breakdown of marks-

Unit 1 marked out of 80 worth 30% of final grade

Unit 2 marked out of 80 worth 30% of final grade

Unit 3 marked as pass, merit or distinction worth 20% of final mark

Unit 7 marked as pass, merit or distinction worth 20% of final mark

Coursework

Unit 3 and Unit 7

Progression:

Careers- PE teacher, sports coach, physiotherapist, sports analyst etc

University Courses- all sports related courses at University

Links with other subjects- Biology