**What are the entry requirements?**
5 GCSEs at C. Must include B or above in GCSE PE or a Merit or above at BTEC Level 2. A grade C or above in English is essential for this course.

**About the course**
On the BTEC Level 3 National Diploma in Sport course you will cover a wide range of units including: The principles of Anatomy and Physiology, The Physiology of Fitness, Assessing risk in sport, Fitness testing for sport and exercise, Practical Team sports, Sports Nutrition and Sports Coaching. The lessons will be a mixture of practical and theory and students will be given the opportunity to organise sports events and coach/lead younger students.

**Will the course suit me?**
The ideal student would take an interest in sport as a whole subject. They should enjoy practical lessons and be prepared to analyse their own and others’ ability. They will want to learn about how the body reacts to exercise and the different body systems involved when developing fitness and training. Students will develop an understanding of how to coach and lead sessions and should be prepared to become a role model within the PE department, helping to run Extra Curricular activities and clubs.

**Personal Study Time**
BTEC Level 3 students are expected to devote as much time outside the classroom to their studies as in lessons. You will be given significant amounts of homework on a regular weekly basis. The nature of this work will depend on the topic being studied but will always be given in order to reinforce the work covered in class and will often form the basis of assignment work.
Assessment
There is NO exam with this course. The qualification is gained through developing a portfolio of evidence which hits specific criteria for each unit. This work will be both internally and externally assessed throughout the course. The final grade will be established through a means of calculating a credit score, accumulated through the 7 units.

Progression
BTEC Nationals are designed to provide highly specialised work related qualifications in a range of vocational sectors. This course will give the students the knowledge, understanding and the skills that they need to prepare for employment. The qualification also provides development for students to go onto higher education, degree or professional development programmes.

Where can I find out more information?
For more information, speak to Miss Dunbar or Mr Allen.